

Shropshire Mental Health Partnership Board Action Plan

May 2017 – April 2018

“Shropshire is a place where mental health is everyone’s business, positive emotional wellbeing is promoted and services and communities work together to provide appropriate support when our people need it”

Outcome	Output	Activity	Responsibility	Timeframe	Status
The Shropshire Mental Health Partnership Board is trusted as a champion of mental health matters across Shropshire. There is strong public awareness and participation in matters relating to mental health and wellbeing.	The principle that Mental Health is everyone’s business is championed across the public and voluntary sector	Establish regular promotion of the championing of mental health across partner organisations	All	July 2017 – April 2018	
	Mental Health First Aiders in place across partner agencies	Establish regular promotion of mental health first aiders across partner organisations	All	July 2017 – April 2018	
	Experts by experience are routinely involved in the work of the MHPB	Engage with “Making it Real” Board	Lorraine Laverton	August 2017	
		Establish representation on MHPB	Lorraine Laverton Stewart Smith	November 2017	
	12 month Communication Plan in place	Develop and agree a common vision for the MHPB	Lorraine Laverton All	Agreed 16 May 2017	
		Develop a 12 month communications plan	Task group – Janet Radford, Fiona Williams, Maria Jones	Present draft to MHPB Sept 2017	
		Embed the principles of Making Every Contact Count (MECC) across all partner agencies.	All	July 2017 – April 2018	
		Use H&WBB Communications Groups to ensure shared publicity / awareness raising events.	Lorraine Laverton	July 2017 – April 2018	

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	Clear contact information for patients, family, carers, friends –	Evaluation of implementation of ACCESS 24/7 365 0300 1240365	SSSFT	January 2018	
	MHPB Governance & accountability lines in place	Draft and agree terms of reference including accountability and membership	Lorraine Laverton	July 2017	
	Shared learning from case studies	Case study included within reports on agenda for each MHPB meeting	All	Ongoing	
	Champion the principles of the ACE (Adverse Childhood Experiences) approach across all partner agencies	Working with Children’s Trust to embed the ACE approach across all partner agencies	Anne-Marie Speke Lorraine Laverton	May 2018	
Shropshire communities see a reduction in the numbers of people taking their own life and improved support for those affected by suicide.	Suicide Prevention Strategy in place	Work in partnership with Telford and Wrekin Council to establish a joint Suicide Prevention Strategy	Gordon Kochane	Ratified by Health and Wellbeing Board May 2017	
	Shropshire Suicide Prevention Action Group established	Action Group established and Terms of Reference in place	Gordon Kochane SSPAG	Meeting 6 th June / 5 Sept 2017	
Shropshire communities feel confident that the mental health services they may use have been designed in partnership with people who have relevant lived experience.	Mental Health Needs Assessment report	Undertake MHNA	Gordon Kochane MHNA Steering group	To be completed by April 2018	

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Outcome	Output	Activity	Responsibility	Timeframe	Status
		Undertake interviews with “Experts by Experience”	Shropshire Business Design team	June – Sept 2017	

NB This 12 month action plan has been developed from the Shropshire Mental Health Partnership Board workshop in March 2017. Along with the findings of the Shropshire Mental Health Needs Assessment it will establish a firm foundation on which to build a Mental Health Strategy for Shropshire in 2018.

Red = Significant issues, requires action **Amber = In progress, monitor** **Green = On track, no action required** **Purple = Completed**

Mental Health First Aid (MHFA) is the help provided to a person developing a mental health problem or experiencing a mental health crisis. Just as physical first aid is administered to an injured person before medical treatment can be obtained, MHFA is given until appropriate treatment is found or until the crisis is resolved.

Mental Health Champions advocate for mental health issues in their communities and workplaces. They raise awareness and challenge the stigma associated with mental ill health.